

BE – DO – HAVE WORKSHEET

Be-Do-Have is a key exercise in casting a vision for what you would like for your life to look like from a personal and professional standpoint five years from now. Cast/project out Five (5) years from now and note some goals denoting what you want to BE and then in order to BE, what will you need to DO, and because of DOING, note what you will HAVE.

| BE | DO | HAVE |
|---------------------|---------------------|---------------------|
| <u>Personal</u> | <u>Personal</u> | <u>Personal</u> |
| 1. | 1. | 1. |
| 2. | 2. | 2. |
| 3. | 3. | 3. |
| 4. | 4. | 4. |
| 5. | 5. | 5. |
| <u>Professional</u> | <u>Professional</u> | <u>Professional</u> |
| 1. | 1. | 1. |
| 2. | 2. | 2. |
| 3. | 3. | 3. |
| 4. | 4. | 4. |
| 5. | 5. | 5. |